

T&O Training Post Summary

Trust

Northumbria Healthcare NHS Trust

Trainer name(s)

Dominic Inman & Derek Kramer

Job Summary

‘Two for the price of one’

This post offers the trainee excellent exposure to both primary and revision hip and knee arthroplasty, soft tissue knee surgery including arthroscopy and ACL reconstruction, knee osteotomy and both acute and sub-acute complex trauma.

The trainee can expect to become proficient to level 3 in primary arthroplasty and knee arthroscopy and also get good exposure to the management of complex lower limb fractures including tibial plateau fractures, peri-prosthetic fractures and non-/ mal-unions. Acute trauma operating is based on trauma weeks at The Northumbria Specialist Emergency Care hospital with, in addition, a regular tertiary referral trauma list every other Thursday at The Northumbria.

There are bi-monthly trustwide journal club meetings and audit meetings to which the trainee will be expected to contribute.

Mr Inman is an AO instructor and is trauma lead for Northumbria. He is chairman of the trust’s Hip fracture quality improvement programme (HIPQIP) and the national Orthopaedic Clinical lead for the National Hip Fracture Database.

Mr Kramer is soft tissue knee lead for the trust, is one of the trust’s five revision arthroplasty surgeons. He setup and runs the regional knee network which meets quarterly.

Trainees are expected to work hard and throw themselves into the job 110% and in return should have an excellent 6 months experience.

Weekly timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
				Alt wks	
AM	Theatre NTGH (DI)(NTGH) Elective clinic (DK)(NTGH)	Elective clinic (DK)(HGH)	Theatre (DI/DK)(NTGH)	Elective Theatre (DK)(HGH) Trauma Theatre (DI)(NSECH)	Elective Clinic (DI)(NTGH)
PM	Elective Clinic (DI) Regional Teaching	Fracture Clinic (DI)(NTGH)	Theatre (DI/DK)(NTGH)	Elective Theatre (DK)(HGH) Trauma Theatre (DI)(NSECH)	Admin/ Study
	NTGH				
	NSECH				
	HGH				
	study/ teaching				